

SENIOR MEALS PROGRAM

May, 2024 -- 605-472-0155

Call by 9 a.m. to order/cancel

728 S. Main Street

Area IV Meals

Milk included with all Meals

Meals subject to Change

Redfield

Site Manager: Cyndi Bachman

Head Cook: Jodi Jenson

Assistant Cook: Jane Gruenwald

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meals approved by: Registered Dietitian LIKE AND FOLLOW US ON FACEBOOK		1 Meatloaf Baked potato/sour cream Creamed peas Frosted brownies Fruit Whole wheat bread	2 Pork Loin Mashed potatoes Glazed carrots Peaches Whole wheat bread	3 Tator tot hotdish Green beans Acini Depepi Fruit Salad Dinner roll
6 Lasagna bake Tossed salad w/dressing Fruit Cookie Breadstick	7 Creamed chicken Biscuit Green beans Pears Tapioca pudding	8 Scalloped potato/ham Mixed vegetables Sunset salad Whole wheat bread	9 Salisbury steak Mashed potatoes/gravy Cabbage Apricots Whole wheat bread	10 Chicken pasta Salad Grape juice Dinner roll Cream pie
13 Sloppy joe on bun Oven roasted potatoes Ice cream Fruit strawberries Corn	14 Baked pork chop Augratin potatoes Catalina blend vegetables Honey fruit salad Whole wheat bread	15 Swiss steak Mashed potatoes/gravy Peas & carrots Fruit Whole wheat bread	16 Chicken Strips Mashed potatoes Coleslaw Fruit cocktail cake Dinner roll	17 Spanish rice w/hamburger Green beans Vanilla pudding w/mandarin oranges Whole wheat bread
20 Ranch chicken breast Sweet potatoes Beets Carrot bars Whole wheat bread Fruit	21 Lemon baked fish Mashed potatoes California blend vegetables Peach crisp Whole wheat bread	22 Cheese Burger on bun Lettuce/tomato/onion Potato salad Fruit Cookie	23 Cheese tortellini alfredo w/diced chicken Green beans Mandarin oranges Garlic bread	24 Bratwurst on bun Mashed potatoes Sauerkraut 3 bean salad Chocolate pudding w/bananas
27 CLOSED MEMORIAL DAY	28 Chicken fried steak Mashed potatoes/gravy Oriental blend vegetables Cinnamon applesauce Whole wheat bread	29 Turkey combo Mashed potatoes Italian blend vegetables Fruit	30 Spaghetti/meat sauce Corn Garlic toast Rhubarb coffee cake	31 Egg omelet Tri tator Juice Mandarin orange salad Donut holes